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Dissertation on anaesthetics

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Anaesthetics

By the term anaesthetics, is meant, those agents, which produce insensibility either partial or entire. There are several agents belonging to this class. The principal ones of which are, Chloroform, Sulphuric Ether, Dutch Liquid or Chloride of Olefiant Gas, Common Coal Gas Bromoform, & Nitrous Oxide. As the two first have been used chiefly as anaesthetics. I shall confine what I have to say to them, and more particularly to Chloroform. Although the other agents above mentioned, have been experimented with, and found to ~~possess~~ powerful anaesthetic properties, they have not been used to any great extent. The Dutch liquid, in general properties, much resembles chloroform. One writer remarks, that a comparison of experiments with chloroform, & the Chloride of olefiant gas, will show, that in no one respect, is the former, fluid superior to the latter. Coal gas has also powerful anaesthetic properties, and experiments go to show that it is safe and manageable

It is less irritating than chloroform, it does not excite cough, nor is there any repugnance to the inhalation of it Bromoform. This fluid acts as an agreeable anæsthetic without producing any irritation whatever, but as it is not an article of easy production, and possessing no superior advantages, it probably will not come into extensive use. Experiments have been made with the nitrous oxide, but its effects are too exciting to allow of its use to much extent. as an anæsthetic I shall now proceed to speak more particularly of chloroform & Sulphuric Ether and most of what I have to say will relate to chloroform alone

The use of the ethers by inhalation is no new thing. As early as 1795 we find the inhalation of sulphuric Ether recommended by Doct Richard Pearson and it has been used by different persons since that period. As to the question to whom belongs the honor of discovering the anæsthetic powers of the ethers as applied to operative surgery. I will not attempt

to decide. It seems to me that, all have been anticipated in the idea by Sir Humphrey Davy, who says (in referring to some experiments upon himself, with nitrous oxide) in its ~~an~~ ^{an} operation, it appears capable of destroying physical pain, and it may probably be used with advantage during surgical operations. Although this extract refers to nitrous oxide gas, yet the principle is precisely the same, as if either chloroform or sulphuric Ether had been used. Mr Horace Wells also experimented with the nitrous oxide with regard to its use in surgery. Dr Jackson & Morton of Boston claim the honor of first introducing the use of sulphuric ether by inhalation into the practice of surgery.

Chloroform

was discovered by Mr Samuel Guthrie, of Sacketts Harbour, N.Y. The first case that I meet with, in which it was used by inhalation, is related by Prof. Ives (Willimans Journal vol XXI Jan'y 1832) The case was one of pulmonary disease, attended with general debility & difficult respiration.

and was effectually relieved. In March 1847, the action of the pure chloroform, by inhalation, was tried on the lower animals by Mr. Flourens & its effects on the spinal marrow described. In November of the same year. Doct. Simpson of Edinburgh, after experimenting with a number of anæsthetic agents, in order to find a substitute for Ether, tried chloroform at the suggestion of Mr. Waldo, & having found its effects favourable, brought it forward, as a new remedy for pain, by inhalation in surgery & midwifery.

The first question to be decided when any new discovery is brought forward, is, is it of any practicable benefit to the receiver, or is that benefit to be counterbalanced by attendant evils of such a magnitude, as to authorize its rejection partially or entirely. With regard to this discovery, this for a time was no easy matter, there being such a discrepancy of opinion among medical

Men in regard to its *modus operandi*. its effects
so entirely different upon different subjects,
producing different effects upon the same
subject at different times. I say with the
many difficulties to encounter, it was a
difficult matter to decide, whether chloroform
could be used as an anæsthetic agent, with
any practicable benefit, to alleviate the
sufferings of the human race. But time
observation & experience, have demonstrated
beyond a doubt, that, the practitioner surgery
& medicine, has an agent at his command,
whose power, & practicable utility, in his
attempts to heal & restore, the diseases & deform-
ities of his fellow men is of incalculable
importance

The question may now properly arise
what is the *modus operandi* of chloroform
used as an anæsthetic. It is evident that the
vapor being brought in direct contact with
the blood, by inhalation, must with it be
carried through the circulation, & in this

way be brought in direct contact, with the heart, brain & nervous centers. Some contend that when death results from its use, it is caused by congestion of the brain; others, that by being brought in direct contact with the brain, it paralyzes the nerves of respiration, thereby causing death; others still claim that its effects are closely allied to Hydrocyanic acid, causing death by paralyzing the heart's action. That the first visible effects are upon the brain, is evident, & the question, whether there is any danger of producing congestion of that organ, I will not attempt to decide, though I think facts are against the doctrine. One case is on record, where a patient was kept under its influence for thirteen hours consecutively. If its tendency is to produce congestion, it seems to me, it would have been manifest in this instance. I think the fatal results which would have accrued from its use, such being its tendency, would in this, be banished it entirely from the hands of the medical man.

No limitations can be marked out, when its positive effects are produced, it varies exceedingly in different subjects. Neither can any positive symptoms be marked out, as indicative of danger. The only sure guide is the pulse, & in some it will sink to an alarming degree, and yet the patient be in no immediate danger. In others it will maintain its natural standard through the whole period of its exhibition. Some writers on the subject say that its effects are accumulative in the system. In some this is apparent, and in others, it is not. This being a fact; should serve as a caution to those administering chloroform. It would be very desirable, if some definite symptoms, could be marked out, to enable us to tell precisely when the stage of sopor, is about to merge into that of danger coma. Crutcher remarks, that the action of the pupils, is the key to this knowledge. He says, chloroformization ought not to be continued, one instant, after the pupils previously contracted, have begun to dilate. If unconsciousness can be

secured by sopor, the inhalation should not be carried on, to produce coma. If complete muscular relaxation, be sought for, as in hernia, to facilitate taxis, in dislocation to make reduction easy, and in tetanus, then it will be needfull in general, to urge the patient from sopor into coma. but as soon, as the muscular relaxation is secured the inhalation should cease

It is very important in the administration of chloroform, to have an article perfectly free from all impurities. I have no doubt that many of the accidents which have resulted from its use, could be traced, to this cause, It is very apt to contain alcohol and ether. But the most injurious impurities are the chlorinated pyrogenous oils, the vapour of which (according to Doct Gregory) if inspired or even smelt, causes distressing sickness and head ache. These oils are detected, by the action of pure and strong sulphuric acid. Pure chloroform, when mixed with an equal volume of the acid, does not colour it but when contaminated with these oils, gives the

acid a colour, varying from yellow to reddish brown according to the amount of impurity present. For the presence of alcohol the following test has been recommended, drop into distilled water a small quantity of the chloroform. If pure it remains transparent at the bottom of the glass; but if it contain even a small proportion of alcohol, the globules acquire a milky appearance. As to the mode of administration various methods have been recommended, and various machines invented called inhalers, but the most simple mode and the one I believe which is conceded by all at the present time to be the best, is pouring the substance upon a sponge covered by a cloth or muslin, and holding it over the mouth of the patient, taking care that a sufficient quantity of atmospheric air be admitted. It is the practice of the Surgeons of this place, to use a mixture of sulphuric ether and chloroform, four parts of the ether to one of chloroform. I think one cause of their preference against using chloroform alone has arisen from the unpleasant effects arising from impurities

The next question which arises, is, in what states or conditions of the system, is it admissible, or inadmissible. These are questions, which are not nor never can be fully decided. When it is evident that there is organic disease either of the heart or lungs, it is considered unsafe to administer, it with the view of producing anaesthesia. It may safely be said, I think that chloroform is admissible in all cases (where there is no organic disease of vital organs), till actual experiment prove to the contrary. Some persons who appear to be good subjects for the administration of chloroform, at certain times cannot be brought under its influence, without apparently dangerous consequences ensuing, yet it has not been shown, beyond a doubt that all persons cannot be brought under its influence without danger. The fact that you have tried, to day to administer chloroform, to a patient & did not succeed does not prove beyond a doubt that you would not succeed tomorrow. I believe that the susceptibility of the system to these agents is different at different times.

We are now ready to enquire what are some of the advantages to be derived, from the administration of chloroform in surgery. In answering this query I shall use the language of a distinguished writer upon the subject. He says. chloroform besides being useful in diminishing the shock of operations. and subsequent reaction, operates beneficially by rendering the after exhibition of opiates unnecessary. And further, the constitutional symptoms have been milder, and the cases have proceeded more satisfactorily, than after the operation in in which no means were taken, to prevent pain. In proof of this I will relate one case out of the many which might be stated. It is that of a man with fungus hematodes of the arm, who was so exhausted by repeated hemorrhages, that he was considered moribund. In the afternoon he made all his arrangements, as though, certain of death. But after awhile he expressed a wish to have the operation performed. Although the case appeared, to be utterly hopeless the surgeon (under whose care the man was) immediately consented

to operate. and stated that he should administer the chloroform, as from what he had witnessed of its sustaining power in some instances of extreme debility, he expected benefit from it. in addition. to protecting the patient from the shock of the operation. The ether having been inhaled, for about a minute, the arm was amputated, The patient did not feel pain until after the operation. and dressing had been quite completed. He continued to improve after the operation, & was quite well in a few weeks. The writer deems. a further advantage to accrue, from the less need of rapidity. in operating, from an opportunity being given of acting with great deliberation & exposure; and from the comfort of the patient. In children these several advantages of anæsthesia become still more prominent. There is a condition in which the surgeon would naturally be extremely cautious in giving chloroform, until experience had fully proved, that they might be employed with safety. This condition is, shock. from an injury. When this state is excessive and sensibility is consequently annihilated, a prudent surgeon, would not venture

to give chloroform; nor would it be needed. But when patients, have recovered from the first effects of the shock, and though the heart acts feebly, there is sufficient power to admit if necessary of operative proceedings. In such cases chloroform exerts a beneficial effect, acting as a stimulant, saving the hurtful effects of a second shock, inducing a healthy reaction, ~~reaction~~ and altogether placing the patient in a more favourable state for recovery, than when such means have not been resorted to. Lastly, when operations are needed in persons reduced by previous illness, or exhausting discharges, chloroform has helped to support the patient, during the operation, and had an exhilarating effect upon the powers of life afterwards. But in such cases it must be borne in mind that their effects are readily and quickly developed; and caution must be observed in their administration. But not to surgery alone are we to look for all of the beneficial effects of the anæsthetic. From the testimony of eminent medical men upon the subject we are led to believe, that in the practice of obstetrics, the

accoucher has powerful auxiliary. which in the hands of the careful and judicious. will prove itself to be of no small consequence. I think the anæsthetics have had sufficient time to be tested amply in obstetrical practice, and that the results thus far will justify us in saying that the amount of danger incurred, by their administration is so small, as not to forbid their use when likely to be therapeutically useful. I'm speaking of chloroform in particular on writer remarks. I administer it in the following classes of cases. In irregular but natural labour. In operative labour. And To facilitate operations upon the uterus. In natural labour, the pains are sometimes partially arrested, diminished, or rendered irregular and inefficient, by fear, impatience, want of self control, or by long continued suffering. In such cases the writer remarks, chloroform generally exercises an all but magical effect. Under its influence, all nervous excitement is soothed, the pains gradually become more regular, powerful and efficient, and the labour progresses normally. And may we not expect also that it may be beneficial

in another respect. In the cases above alluded to there is very often a disordered state of the capillaries. I see no reason why we may not expect great benefit to accrue from the sedative effect of the chloroform, thereby lessening the danger of convulsions occurring. In cases like the above, I should not deem it necessary to push the remedy to the extent of producing total unconsciousness so as to annihilate pain entirely, but merely to allay irritability and sensibility, In operative midwifery the only cases in which I should deem its exhibition justifiable, are turning and retained placenta. In these cases, the chief benefit to be expected is in rendering the patient unconscious of pain, and by slightly relaxing the rigidly contracted uterus. In uterine examinations, and operations, in cases where there is acute neuralgic sensibility, of the uterus, its neck, and even the vagina, the use of chloroform might be desirable. Of the many cases on record of the benefits derived from the use of chloroform, in this class of cases, I will mention only one. A married lady, for four years, had been

a martyr to neuralgia of the most intense and agonizing description. The neuralgic affection occupied principally the branches of the fifth pair. the nerves of the uterus, and occasionally, those of other parts of the body, and evidently been connected. all along with, extensive ulcerative disease of the cervix uteri. The entire pharmacopoeia had been exhausted and the most powerful sedatives: had been administered for years without any favourable result. A careful digital examination of the uterus having brought on a frightful neuralgic attack which lasted a fortnight. It was determined by the practitioner to put her under the influence of chloroform. He was thus able to bring to light a very extensive ulceration of the cervix. This organ was lacerated, and the seat of great inflammatory enlargement. The chloroform was administered to the full surgical extent for fourteen consecutive weeks (that is fourteen times), to the evident benefit of the patient, the disease being all but cured, and the morbid sensitiveness, fast disappearing. The writer says she will evidently get quite well.

both of the local disease and of the neuralgia which it occasioned. In uterine pain from dysmenachae chloroform has been found useful. Administered at bed time, it will often insure freedom from pain and a nights rest when every thing else fails.

In diseases of the nervous system. Neuralgia. Giddleness. Tetanus. Delirium Tremens. Convulsions. In all of these diseases, chloroform has been administered with the happiest results. In the convulsions of children. I think the Physician has a powerful auxillary. in chloroform, and one which ought never to be neglected when other means fail

John S Moody

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